

COLONOSCOPY PREPARATION

Five days prior to procedure:

Please **STOP** any **NSAIDs** which include Motrin, Ibuprofen, Aleve, and Advil.

Please **STOP** Flaxseed, Fish Oil and Biotin.

Three days prior to procedure:

START a low fiber diet:

AVOID seeds, nuts, corn, peas, beets or foods with skins on them such as tomatoes, cucumber, grapes, etc.

One day prior to procedure:

Begin clear liquid diet. You may have **clear liquids ONLY**.

Do not consume milk, alcohol, any red or purple colored liquids, or drinks that contain pulp.

STOP drinking liquids at least 4 hours before your colonoscopy.

Your procedure will be performed by Doctor: _____

Address: _____

Date of procedure: _____ Arrive at: _____ AM/PM

Comments: _____

SUPREP[®] BOWEL PREP KIT

(sodium sulfate, potassium sulfate and magnesium sulfate)
Oral Solution



(17.5g/3.13g/1.6g) per 6 ounces

On the day before your procedure...

What You CAN do:

- You may have clear liquids ONLY; please have nothing for dinner

What You CANNOT do:

- DO NOT drink milk
- DO NOT eat or drink anything colored red or purple
- DO NOT drink alcoholic beverages

Any of the following liquids are OK to drink:

- Water
- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry
- Limeade or lemonade
- Coffee or tea (DO NOT use any dairy or non-dairy creamer)
- Chicken broth
- Gelatin desserts without added fruit or topping (NO RED OR PURPLE)

Note:

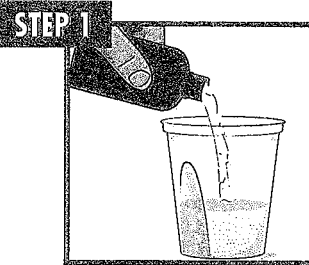
- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUPREP Bowel Prep Kit may affect how other medicines work
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUPREP Bowel Prep Kit
- The most common adverse reactions after administration of SUPREP Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache
- If you have any questions about taking SUPREP Bowel Prep Kit, call your doctor

To learn more about this product, please call 1-800-874-6756 or visit our Web site at www.suprepkit.com

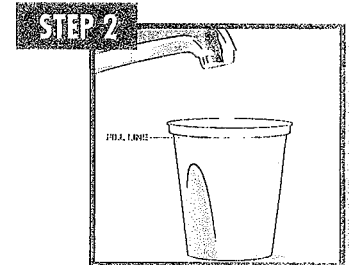
Split-Dose (2-Day) Regimen

Begin Step 1 at **6** PM the evening before your procedure and proceed as shown below:

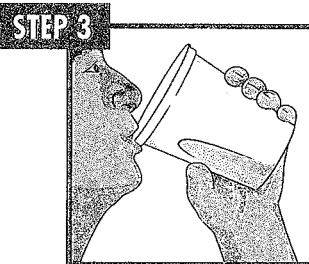
- On the evening before the procedure (or when your doctor tells you to begin) complete steps 1 through 4 using one (1) 6-ounce bottle before going to bed
- On the morning of your procedure, repeat steps 1 through 4 using the other 6-ounce bottle



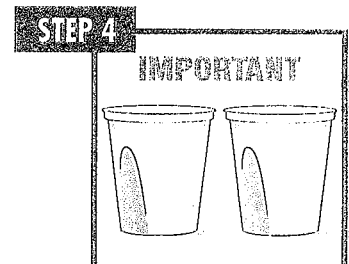
STEP 1
Pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing container.



STEP 2
Add cool drinking water to the 16-ounce line on the container and mix.



STEP 3
Drink ALL the liquid in the container.



STEP 4
IMPORTANT
You must drink two (2) more 16-ounce containers of water over the next 1 hour.

Begin Step 1 at **2** AM the morning of your procedure and proceed as shown above:

NOTE: Dilute the solution concentrate as directed prior to use.

NOTE: You must finish drinking the final glass of water at least **4** hours, or as directed, before your colonoscopy.

Please read the Full Prescribing Information and Medication Guide in the kit.

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